

# Purify Your Body with Traditional Ayurveda Detox in Rishikesh- Modi Yoga Retreat



Experience the profound cleansing benefits of [Ayurveda Detox Treatment in Rishikesh](#). Rooted in ancient healing traditions, our detox therapies help eliminate toxins, restore balance, and rejuvenate the body from within.

Our expert practitioners offer customized Panchakarma therapies, including Virechana (therapeutic purgation), Basti (medicated enemas), and Abhyanga (Ayurvedic massage), ensuring a complete detoxification process. These treatments help improve digestion, boost immunity, enhance mental clarity, and promote overall well-being.

Set against the serene backdrop of the Himalayas, our retreat provides a holistic healing experience with personalized consultations, herbal therapies, and a nourishing Ayurvedic diet to support your detox journey. The combination of traditional wisdom and a peaceful environment ensures deep purification and renewal.

Whether you seek relief from stress, digestive issues, or lifestyle imbalances, Modi Yoga Retreat offers an authentic Ayurveda detox experience that revitalizes the body and mind. Reconnect with your inner vitality and embark on a transformative wellness journey in Rishikesh!

Visit at [www.modiretreat.com](http://www.modiretreat.com)

Contact : +91 73028 89020, +91 73028 89028, 0135-2475000

Email : [contactus@modiretreat.com](mailto:contactus@modiretreat.com)

Address: 238, Virbhadrā Road, Rishikesh, Uttarakhand, 249201, India